



## PATIENTS, COLLEAGUES & FRIENDS,

This was another important year at HealthLinc, and once again, we surpassed expectations. It has been over three years of non-stop work to meet the challenges of the COVID-19 pandemic and, at the same time, deliver the much-needed health care to those we are committed to serving.

To prepare for the future, we conducted a company-wide organizational assessment with LINK Strategic Partners, and the results confirmed that our mission and the work we do are the reasons most staff join HealthLinc - a fact we never want to lose sight of. We also conducted a companion assessment on diversity, equity and inclusion. These assessments are the roadmap for the growth and direction of the organization. They make sure every voice is heard and that our efforts are directed toward achieving health equity for all.

For 2022, the leadership team felt it was important to focus on the staff and self-care, so we were at our best to achieve our goals. We adopted the theme of Attitude for Gratitude, highlighted the physical and mental health benefits of gratitude and encouraged everyone to express what they were grateful for throughout the year.

We weaved the theme into our communications, activities and goals. We started with the creation of our patient tracker; a graphic representation of the patients we serve monthly as the word GRATITUDE filled in. We hosted a gratitude lunch for staff at every location and in April, we distributed signs asking staff to write down what they were grateful for and take a picture. It was amazing to see the messages of what is important and connects us. Clinics posted these on a gratitude board to be an ongoing reminder.

A highlight of 2022 was the return to an in-person annual conference. It allowed many of our staff to meet their co-workers for the first time and reconnect with others they hadn't seen in three years. The 9th Annual HealthLinc Conference Attitude for Gratitude was a fantastic day. The lobby games brought everyone together, and breakout sessions on mindfulness and chair yoga allowed staff to relax and reset. There were great speakers, good food, lots of fun and amazing stories announcing another class of HealthLinc Heroes and the Mary Beth Witcher Patient Advocate.

In November, we broke ground on a new 39,000-square-foot, state-of-the-art healthcare facility located adjacent to the Ivy Tech campus in Michigan City, IN. We were joined by many state and community leaders, including U.S. Congressman Frank Mrvan (IN01) and Indiana State Senator Ed Charbonneau, who advocate for critical legislation in support of the work we do.

In addition to the expanded health and community services being offered at the new clinic, HealthLinc will also partner with Ivy Tech in Michigan City to create a learning lab for students to address the need for a well-educated and prepared healthcare workforce.

As I reflect on 2022 and look toward the future, we have much to be grateful for. I am most grateful for the staff I am honored to lead, their commitment to our patients and communities and their selfless pursuit to fulfill our mission to create healthy communities.

> Beth a Wrobel Chief Executive Office





## SENIOR LEADERSHIP

Beth A. Wrobel

Chief Executive Officer

Brandi Anstine Chief Branding Officer

Paula Armour

Director of Administrative Support

Chris T. Beebe

Chief Human Resource Officer

Joan Bondi

Chief Financial Officer

Steve Butera

Chief Behavioral Health and Addictions Officer

Nicole Cimbaljevich

Director of Risk and Corporate Compliance

Melissa Mitchell

Chief Innovation and Strategy Officer

Garrett Olin

Chief Quality and Informatics Officer

Carl Toren, M.D.

Chief Medical Officer

Isaac Zeckel, D.D.S.

Chief Dental Officer

## BOARD OF DIRECTORS

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HEALTHLING

HEALTHLINC

INDIANA

THE HEALTHY CATS TELEHEALTH CLINIC

HEALTHLINC KNOX





# **OPTOMETRY**

Comprehensive exams, diabetes evaluations, cataract and glaucoma screenings, eyeglass prescriptions and more

# BEHAVIORAL HEALTH

Exams, x-rays, treatment planning, cleanings, patient education, extractions,

fillings and more

Anxiety and depression management, healthy lifestyle choices, stress reduction, goal setting, addiction services and more



MEDICAL

Primary and preventative care,

pediatrics, women's health, chiropractic, podiatry, immunizations,

MAT and more

Pharmacy Services, Community Outreach, Health Insurance Enrollment Assistance, Medical-Legal Partnership and Mobile Intergrated Response Teams

# Achievements

Advocacy Center of Excellence (ACE) Gold Level Achieved Gold Level status for advocacy through the National Association of Community Health Centers (NACHC) Advocacy Program.

Building Bridges to Better Health Phase 1 Winner Recognized by the Health Resources and Services Administration (HRSA) as a Phase 1 winner of the Building Bridges to Better Health: A Primary Health Care Challenge for adding a Patient Activation Measure (PAM), which gives patients a score that ranks their need for immediate intervention from highest to lowest.

Target Blood Pressure Gold Plus Award Recognized for demonstrating a commitment to measurement accuracy and achieving at least 70% blood pressure control in the adult patient population at the following clinics: Centennial, East Chicago, IUSB Medical, Knox, La Porte, Michigan City, Mishawaka, Porter-Starke, Southeast and Valparaiso.



On November 28, we broke ground on our new clinic in Michigan City.

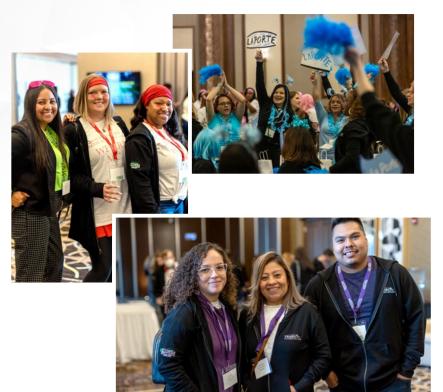
- 33 Medical Exam Rooms
- 2 Procedure Rooms
- 12 Dental Rooms
- Community Center
- On Bus Route







# THE 9TH ANNUAL HEALTHLING CONFERENCE



The 9th Annual HealthLinc Conference Attitude for Gratitude was the first time the entire organization could be together in person since 2019. The day was full of fun, motivation and, of course, gratitude. Keynote speaker Dr. Derek Greenfield, back by popular demand, spoke on the importance of caring for ourselves and our colleagues as we navigate the ever-changing medical field. Breakout sessions, including chair yoga hosted by HealthLinc's very own Dr. Leah Osorio, covered topics such as self-care, time-management and cultural competency.



Listed in Alphabetical Order

Michelle Boyes

Healthcare Data Analyst, Corporate

Thomas Keller

Behavioral Health Consultant, Mishawaka Carrie Kuck

Marketing and PR Manager, Corporate **Edie McGoldrick** 

Medical Assistant, Valparaiso

Liz Pina

Outreach and Enrollment Representative Lead, Corporate

Stacy O'Donnell

Site Operations Director, Centennial

Mariah Rodriguez

Assistant Site Operations Director, East Chicago

## **HealthLinc Heroes Class of 2022**

A HealthLinc Hero is nominated by their peers and is someone who has made a significant impact on a patient, co-worker, the organization or the community.

## 2022 Mary Beth Witcher Patient Advocate

A Mary Beth Witcher Patient Advocate recipient is a staff member who consistently places the needs and interests of our patients first by engaging in patient-centered care, working to improve the quality of care of our patients and much more.



**Brooke Butler**Family Nurse Practitioner, Knox

Beth was surprised with the State Health Commissioner Award for Excellence in Public Health, presented by Indiana State Health Commissioner, Dr. Kristina Box.





# OUTREACH

The outreach team hosted and participated in 248 community events, impacting more than 20,000 people in the communities we serve.

# Events:

**Baby Showers** Community Resource Fairs **Medicare Presentations** Men's & Women's Health Events Holidays with HealthLinc In-person photos with Santa returned with 466 total attendees.

Mobile Food Pantries **Nutrition Classes** Pizza & Paint Parties Senior Resource Fairs And More!

# 2022 Enrollment Numbers

We are committed to enrolling patients in the best health plan for them.

20,248 total insurance assists

2,351 insurance applications & enrollments



# National Health Center Week (NHCW)

To celebrate NHCW and help prepare students for the school year, we hosted eight events. In total, we distributed 2,035 backpacks and 661 hygiene bags. Additionally, 262 well-child checkups were conducted, and 71 future appointments were scheduled.

3,053 Attendees





Outreach hosted 14 mobile food bank events throughout our communities and served more than 3,164 households. Additionally, they put together Thanksgiving baskets, which included a turkey and groceries, helping over 400 households in our communities.









2022 Annual Report

# The future of Training & Education

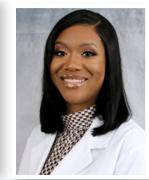
# Family Nurse Practitioner Residency Program In partnership with CHC, Inc.

The HealthLinc Family Nurse Practitioner Program is designed for new nurse practitioners with a commitment to developing career practices in the challenging setting of community

health centers. This residency provides intensive training on both the clinical complexity of family practice and the highperformance Patient-Centered Medical Home (PCMH) model.

> Sarah Feeler, Nicole Ford and Tiara Williams Family Nurse Practitioner Residents -Pictured from left to right







CONSORTIUM

## Pharmacy Residency Program In partnership with Purdue University College of Pharmacy

The HealthLinc Pharmacy Residency Program is a PGY1 Community Pharmacy Residency with a focus on ambulatory care for underserved populations, including Spanish-speaking populations. Residents have the opportunity to provide chronic disease state management by working under multiple collaborative practice agreements.





The residency also partners with Purdue University for the research, business plan and drug information learning experiences. Residents will complete a teaching certificate through the Indiana Pharmacy Teaching Certificate Program (IPTeC).

**Chelsea Herrarte and Alexander Wilcox** Pharmacy Residents - Pictured from left to right





## Medical Assistant Training Program In partnership with the National Institute for Medical Assistant Advancement (NIMAA)

HealthLing is helping to expand access to health care by training its future leaders in the healthcare community. Students who join HealthLinc's Medical Assistant Training Program gain handson learning and experience in our primary care clinics. Graduates gain the competencies, skills, productivity and knowledge to assist as an entry-level medical assistant.











Moranda Fugate, Analya Gonzalez, Megan Rarity and Raven Taylor NIMAA Students - Pictured from left to right

## Dental Assistant Training Program

On January 17, 2022, HealthLinc's Dental Assistant Training Program welcomed its first class of students. The program, designed to help increase the number of trained dental assistants in HealthLinc and our communities, provides students with hands-on experience in one of our many dental clinics across northern Indiana. Alongside in-clinic training, students participate in classroom-based lectures and labs on a range of topics, including an introduction to dental

assisting and dental terminology, patient care management and preparation for the DANB radiology test. When completed, graduates are ready to enter the dental field as entry-level dental assistants.

















# GRANTS

\$ 20,000	American	Cancer	Society (	Colorectal	cancer screening	g and education)

\$ 25,000 American Heart Association - Anthem Foundation (Food as Medicine program)

\$ 2,000 American Pharmacy Association (Pharmacy resident research)

\$ 65,500 American Rescue Plan (Supplemental funding for TytoCare telehealth software)

\$ 2,500 Association of Clinicians (Justice, equity, diversity and inclusion training program)

\$ 10,000 Delta Dental Foundation (Dental assistant training program)

\$ 10,000 Foundations of East Chicago (Colonoscopies)

\$ 417,712 Health Resources and Services Administration (COVID-19 vaccine funding)

\$ 11,111 Health Resources and Services Administration (Phreesia patient activation measure partnership)

\$ 22,200 Indiana Housing & Community Development Authority (Neighborhood Assistance Program tax credits for dental care)

\$ 10,000 John W. Anderson Foundation (#LimitlessLacrosse for Kids program)

\$ 1,000 Kankakee Valley REMC (Knox National Health Center Week support)

\$ 140,000 Local Initiatives Support Corporation (LISC) in partnership with Uber (Patient transportation)

**\$ 40,000** Managed Health Services (Medical-Legal partnership support)

\$ 11,000 Newton County (Rural health research)

\$ 50,000 Next Level Jobs (Dental assistant and medical assistant training programs)

\$ 14,555 Northwest Indiana Community Action (Vaccine events in East Chicago and Knox)

\$ 25,000 St. Joseph County Community Foundation (Food as Medicine program for seniors)

\$ 20,000 State Office of Rural Health Funding (Knox clinic community health worker)

\$ 6,723 Starke County Community Foundation (Vision spot eye machine)

\$ **50,000** United Healthcare Foundation (Medical-Legal program for seniors)

\$ 4,457 Unity Foundation of La Porte County (Pregnancy monitor)

\$ 70,000 University of Chicago ACCSIS (Blood test research for colorectal cancer)

\$ 1,000 Valparaiso Noon Kiwanis Club (#LimitlessLacrosse for Kids program)

## **Multi-Year Grants**

\$ 3,035,471 American Rescue Plan (COVID-19 relief)

American Rescue Plan (Capital grant for Valparaiso warehouse)

\$ 69,324 Centers for Disease Control and Prevention/Indiana Department of Health (Diabetes education and awareness)

\$ 1,574,992 Elevance Health Foundation (Food as Medicine program)

\$ 4,824,591 Health Resources and Services Administration (330 funding)

\$ 301,200 Indiana Department of Health (Heart Healthy Hoosiers program)

\$ 844,169 Indiana Department of Health (Health issues and challenges funding)

\$1,348,706 Indiana Department of Health (Operating support)

\$ 685,551 Indiana Family and Social Services Administration (DMHA partnership)

\$ 18,087 Managed Health Services and Anthem (Reach Out and Read program)

Starke United (Mobile marketplace food drive)

Substance Abuse and Mental Health Services Administration (Mobile Integrated Response Team support)

\$ 600,000 Substance Abuse and Mental Health Services Administration (Integrating primary and behavioral health)

\$ 12,000 United Way of Northwest Indiana (Patient navigator for FOBT kits)

\$ 84,000 University of Chicago ACCSIS (Colorectal cancer funding)

# DONATIONS

\$ 500 Benco Dental (Employee conference support)

\$ 18,000 Bombas (Sock donation)

\$ 500 Centier Bank (Employee conference support)

\$ 500 Intecare (Employee conference support)

\$ 105,896 John Peyton Fund (Support for HealthLinc Valparaiso)

\$ 1,000 Michael Wojcik-Horton Group (Employee conference support)

**\$ 500** Paycom (Employee conference support)

\$ **500** Phreesia (Employee conference support)

\$ 5,000 Porter County Community Foundation (Rosemary Hollingshead Aldrich/Rankin Roberts IV Fund for

exam table and baby scale)

\$ 66,181 Universal Service Administrative Company (RHC) Program (Phone and internet credits for HealthLinc Knox)

**\$ 1,500** The Horton Group (Employee conference support)

\$ 5,000 United Healthcare Services (Employee conference support)

\$ 1,000 Walmart (Employee conference support)

#### **In-Kind Donations**

Delta Dental Foundation (Education and dental materials)

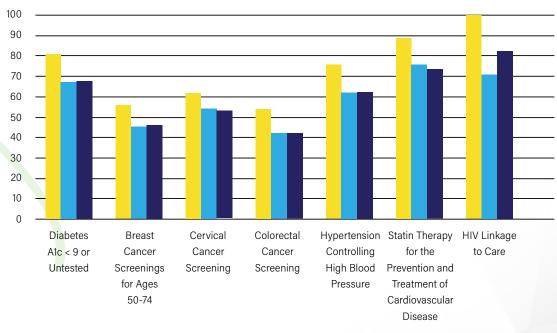
Direct Relief (IUD prescriptions)

Henry Schein (PPE)

Prescription for Play (LEGO Duplo kits)

Young, Black, and Lit (Books for Black/African American children in Michigan City)

QUALITY



\*HealthLinc percentages are based on 2022 encounters. National and state percentages are based on 2021 data



HealthLinc\*

State Average

National Average

15.% HEALTHLINC PHARMACY

**3**.48

PATIENT INCOME

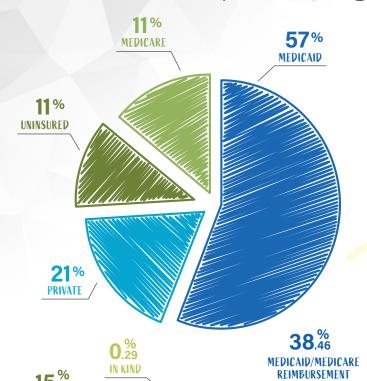
5.17 COMMERCIAL INSURANCE

**22**.35

**CONTRIBUTIONS** 

SERVICE EXPENSES

# 2022 FINANCIAL REPORT



## PATIENTS BY INSURANCE

Medicaid	23,871
Private	8,809
Uninsured	4,610
Medicare	4,837

Total 42,127

## REVENUE

Madiaaid/Madiaara	
Medicaid/Medicare	
Reimbursement	\$25,749,821
Other Income	\$10,069,809
Contributions & Grants	\$14,959,753
Commercial Insurance	\$3,462,110
Patient Income	\$2,330,638
HealthLinc Pharmacy	\$10,182,012
In-Kind	\$193,565

Total \$66,947,708

# 12.97 MANAGEMENT & GENERAL EXPENSES Other Manage In-Kind 53.23 DIRECT SERVICE PERSONNEL

**15**.04

OTHER INCOME

## **EXPENSES**

Direct Service Personnel	\$31,758,683
Other Direct Service Expenses	\$19,973,175
Management & General Expenses	\$7,735,860
In-Kind	\$193,565

Total \$59,661,283



# Total New Positions:

## **New Positions:**

Director of Grants Management
Facilities Supervisor
Facilities Technician
Heart Healthy Hoosier Program Coordinator
Lead Outreach and Enrollment Representative
MIRT Case Manager
Outreach Medicare Specialist
Patient Van Driver

Process Improvement Director

Senior Software Analyst Specialty Services Director



**Pictured Beth Wrobel with Cindy Thomas from NACHC** 







## HEALTHLING CENTENNIAL

621 Memorial Dr., Ste. 40<mark>2</mark> South Bend, IN 46601

### **HEALTHLINC EAST CHICAGO**

1313 W. Chicago Ave. East Chicago, IN 46312

## **HEALTHLINC EAST CHICAGO HARBOR**

2323 Broadway St. East Chicago, IN 46312

## HEALTHLING IUSB DENTAL

1002 S. Esther St. South Bend, IN 46615

## HEALTHLINC IUSB MEDICAL

1960 N<mark>o</mark>rthsid<mark>e</mark> Blvd. South Bend, IN 46615

#### **HEALTHLINC KNOX**

104 E. Culver Rd., Ste. 106 Knox, IN 46534

## HEALTHLINC LA PORTE

400 Teegar<mark>d</mark>en St. La Porte, I<mark>N</mark> 46350

### **HEALTHLINC MICHIGAN CITY**

710 Franklin St., Ste. 200 Michigan City, IN 46360

#### HEALTHLINC MISHAWAKA

420 W. 4th St. Mishawaka, IN 46544

### **HEALTHLINC PORTER-STARKE**

701 Wall St. Valparaiso, IN 46383

## **HEALTHLINC SOUTHEAST**

1708 High St. South Bend, IN 46613

### **HEALTHLINC VALPARAISO**

1001 N. Sturdy Rd. Valparaiso, IN 46383

# THE HEALTHY VIKES TELEHEALTH CLINIC

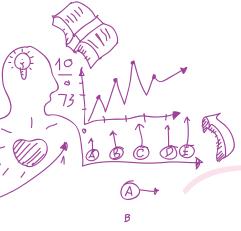
IN VALE SCHOOL 653 Hayes Leonard Rd. Valparaiso, IN 46385

# THE HEALTHY CATS TELEHEALTH CLINIC

IN OREGON-DAVIS ELEMENTARY SCHOOL 5860 N. 750 E. Hamlet, IN 46352

## **HEALTHLINC CORPORATE**

2401 Valley Dr. Valparaiso, IN 46383



1-888-580-1060 healthlincchc.org

